

House Rules

- See Prohibited Rx list
- If collecting Disability, Unemployment or any other source of income, then all checks will be directed to come to Ascension Recovery by the next check due.
- You may not attain employment until you have been dropped in level of care and whether or not you are ready to go to work is approved by staff.
- Staff hours 6am-11pm. But staff here 24hours/day 7 days per week.
- Lights out at 11pm (no lights or noise).
- NO dating or fraternizing while staying at Ascension Recovery.
- All soiled shoes must be removed/not worn in house at ALL!! Socks or shower shoes must be always worn, no bare feet.
- NO alcohol, drugs or abuse of prescription medications (all meds will be locked in med room and dispensed according to instructions including mouth wash, Plax, rubbing alcohol, etc.).
- NO sexual contact on Ascension Recovery properties
- NO energy drinks allowed.
- NO weight gain or muscle builder powder or drinks.
- NO firearms or weapons of any kind are allowed on premises; all personal belongings will be searched when you arrive, and returned back to you within 72 hours if allowed into facility.
- All unapproved items brought in will be confiscated and destroyed.
- Music Played must be approved by staff.
- Watching TV is permitted in classroom or dining room; however, you must ask permission, have all studies done first, and have no current write-ups.
- NO one is permitted to leave premises without approval from staff.
- There will be no disrespect of staff or anyone staying at Ascension Recovery at any time.
- NO eating or drinking in any of the vehicles.
- NO food or drink allowed in any area except kitchen & dining room. Water is the only exception.
- Breakfast hours are 7:15 to 7:45 am - Lunch hours are 11:45 am to 12:30 pm – Supper hours are 5 pm to 5:30 pm. (no meals outside these hours w/o prior permission).
- Breakfast, lunch, and dinner are mandatory; everyone must eat 3 meals a day unless given permission by the nurse.
- Everyone will be up daily by 6:00 am, Saturday 8 am, and Sunday 7 am. All clothing and personal belongings must be put away at this time.
- Everyone will be assigned chores that must be completed before class at 9:00 am. Kitchen & dining room assignments are to be completed during this time period as well.
- Kitchen crews are the only persons allowed to be in the kitchen. Kitchen crew is appointed by house manager & kitchen manager.
- Everyone must brush teeth & shower daily (w/soap, shampoo & toothpaste) & bathroom must be cleaned after each use. Hygiene items are provided by the program and are not to be brought in. If you want your own you must bring in money in order to purchase new.
- If you want an AM shower you must take it before normal wake up time.
- Phone may be used only 3 days per week. Last names ending in A- H Saturday, I- P Monday, Q- Z Thursday. The client will be given 10 minutes per week for personal calls; all calls must be logged on log sheet and dialed by staff. These calls will be placed following evening meds and before 10:30pm. NO incoming calls will be given to the client but to the appropriate counselor or case management staff. No phone calls for first 30 days unless directed by clinical or case staff.

House Rules

- NO answering phone; ONLY Staff may answer phones.
- NO answering front door, staff or assigned person to greet all visitors.
- All appointments i.e., doctor, lawyer, interviews must be approved by Director before scheduling. At least 2-week notice.
- All information from your doctor must be disclosed to the Program Director and Medical Team.
- Beds must be made neatly as soon as you get up.
- Everyone must be modestly dressed before leaving sleeping area (shirt w/sleeves, pants & socks).
- Turn off all electric & water when not in use (waste will not be tolerated).
- You must wash your sheets, blankets, clothes & towels once a week (hours assigned, no laundry on Sat or Sun). We do laundry by the dorm.
- On day of departure all linens and drawers must be cleaned, folded & stored in dresser assigned to that bed.
- OFF LIMITS – All interior areas except halls and bathrooms are off limits unless given permission by staff.
- Truthfulness is expected at all times; lying will not be tolerated (all infractions of rules must be reported).
- No piercing or new tattoos while residing at Ascension Recovery.
- Don't touch other people's property.
- NO one is to touch thermostats.
- NO foul language or derogatory slang tolerated.
- NO hats worn in building.
- NO metal hangers.
- NO luggage is to be left at Ascension Recovery. It will be discarded unless previous arrangements have been made.
- NO personal linens or pillows.
- NO books or magazines.
- You must have prior approval from staff before putting up anything on walls, dressers or beds.
- Transportation provided for work doctor, church, social services, or court unless different arrangements are made by staff.
- Staff will do all shopping for the client.
- If you choose to leave without proper release and approval, we will hold any personal items for a maximum of 72 hours unless preapproved by a director. After that they will be discarded. We do NOT have the ability to store personal belongings! Tobacco and over the counter medication will be destroyed immediately upon leaving.

No refund of any fees paid for the required incoming amount or paid monthly payments.